



**PEGASUS**

**Pegasus Therapeutic Riding**

310 Peach Lake Road  
Brewster, NY 10509-1715

P: (845) 669-8235

F: (845) 669-5249

**pegasustr.org**

Founded in 1975, Pegasus is a PATH International Premier Accredited Center

## **Participant Application and Health History RENEWAL**

### GENERAL INFORMATION

Participant name: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: M  F  Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary phone: \_\_\_\_\_ H / C / W Alternate phone: \_\_\_\_\_ H / C / W

Primary email: \_\_\_\_\_

Participant's employer/school: \_\_\_\_\_

Mother/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

Home address: \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Father/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

Home address: \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

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### **EMERGENCY MEDICAL TREATMENT INFORMATION**

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Medical Facility: \_\_\_\_\_

Allergies: \_\_\_\_\_

Current Medications: \_\_\_\_\_

#### **In the event of an emergency, contact:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone H / C / W: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone H / C / W: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone H / C / W: \_\_\_\_\_

If emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize Pegasus Therapeutic Riding, Inc. to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

## **CONSENT PLAN**

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed “lifesaving” by the physician. This provision will only be invoked if the person(s) listed is/are unable to be reached.  **CONSENT**  **DO NOT CONSENT**

## **LIABILITY RELEASE**

As a participant at PEGASUS THERAPEUTIC RIDING, INC. I acknowledge the risks and potential for risks of horseback riding and related equine activities, including grievous bodily harm. However, I feel that the possible benefits to myself/my child/my ward are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors, and administrators, waive and release forever all claims for damages against PEGASUS THERAPEUTIC RIDING, INC., its Board of Directors, Instructors, Therapists, Aids, Volunteers, Employees and/or any farms, stables, clubs and its officers, directors, employees, agents, landowner and members for any and all injuries and/or losses I/my child/my ward may sustain while participating in the Program from whatever cause including but not limited to the negligence of these released parties. This hold harmless agreement shall extend to all activities engaged in including but not limited to equine-assisted therapeutic activities and horseback riding. I have read and understood the foregoing and fully consent to the provisions contained herein.  **CONFIRM**

## **PHOTO RELEASE**

For valuable consideration given and which is hereby acknowledged, the undersigned hereby grants to PEGASUS THERAPEUTIC RIDING, INC. permission to take or have taken still and moving photographs and films including television pictures of my child/self and consents and authorizes PEGASUS THERAPEUTIC RIDING, INC., its advertising-agencies, news media, and any others persons interested in PEGASUS THERAPEUTIC RIDING, INC., and its work, to use and reproduce the photographs, films and pictures and to circulate and publicize the same by all means including but not limited to newspapers, television media, email, website, social media, brochures, pamphlets, instructional material, books, clinical material, and any other form of media. With respect to the foregoing matters, no inducements or promises have been made to me/us to secure my/our signature(s) to this release other than the intention of PEGASUS THERAPEUTIC RIDING, INC. to use or cause to be used such photographs, films and pictures for the primary purpose of promoting and aiding PEGASUS THERAPEUTIC RIDING, INC. and its work.  **CONSENT**  **DO NOT CONSENT**



Describe abilities/difficulties in these areas (be specific and detailed as this will provide Pegasus staff with helpful information to develop session goals):

**Physical Function** (e.g. mobility skills such as assistance required, equipment needed, transfers, walking, wheelchair use, stair climbing):

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**Cognitive Abilities/Social Function** (e.g. leisure interests; relationships/family structure; support systems; companion animals; fears/concerns; behavior challenges/strategies; work/school; communication abilities; reading/writing abilities):

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**Goals** (e.g. reason you are applying for participation and what you would like to accomplish):

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**ACKNOWLEDGEMENT STATEMENT**

*"I certify that all the information provided on this form is true, accurate, and up to date, and guarantee to alert Pegasus staff to any changes or updates."*

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Signature of parent/legal guardian/conservator of Participant in his/her name.

**REQUIRED if Participant is under 18.**



Dear Health Care Provider:

In order to safely provide equine-assisted therapeutic services, our center requests that you complete/update the attached Medical History and Physician’s Statement Form.

Please note the following conditions may suggest precautions and contraindications to horseback riding and other equine-assisted activities and be advised that there is an inherent risk of injury. Therefore, please note whether these conditions are present, and to what degree.

**Orthopedic**

- Atlantoaxial Instability - include neurologic symptoms
- Coxa Arthrosis
- Cranial Deficits
- Heterotopic Ossification/Myositis Ossificans
- Joint Subluxation/Dislocation
- Osteoporosis/Low Bone Density
- Pathologic Fractures
- Spinal Joint Fusion/Fixation
- Spinal Joint Instability/Abnormalities

**Neurologic**

- Traumatic Brain Injury
- Seizure Disorders
- Hydrocephalus/Shunt
- Spina Bifida/Tethered Cord/ Chiari Malformation

**Other**

- Age - under 4 years
- Indwelling Catheters/Medical Equipment
- Medications - e.g. photosensitivity
- Poor Endurance
- Skin Breakdown

**Medical**

- Allergies
- Asthma
- Cardiac Condition
- Blood Pressure Control
- Exacerbations of medical condition
- Hemophilia
- Peripheral Vascular Disease
- Lack of Truncal Stability
- Lack of Head/Neck Control
- Recent Surgeries

**Psychological**

- Animal Abuse
- Physical/Sexual/Emotional Abuse
- Fire Settings
- Substance Abuse
- Behaviors that can pose a safety risk

Thank you very much for your assistance. If you have any questions or concerns regarding this patient’s participation in equine assisted activities, please feel free to contact the center at the address/phone indicated above.

\_\_\_\_\_  
**Signature of Health Care Provider**

\_\_\_\_\_  
**Date**



## Participant Medical History and Physician Statement

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

Past/prospective surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Special precautions/needs: \_\_\_\_\_ Shunt present: Y N Date of last revision: \_\_\_\_\_

Seizure type: \_\_\_\_\_ Controlled: Y N Date of last seizure: \_\_\_\_\_

May participate in all activities  May participate except for: \_\_\_\_\_

Mobility: Independent ambulation: Y N Assisted ambulation: Y N Wheelchair: Y N

Braces/assistive devices: \_\_\_\_\_

**\*\*FOR PERSONS WITH DOWN SYNDROME:** Neurologic symptoms of atlantoaxial Instability:  Present  Not Present

Please indicate current or past special needs in the following systems/areas, including surgeries:

Area	Y	N	Comments
Auditory			
Visual			
Tactile sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning disability			
Cognitive			
Emotional/psychological			
Pain			
Other			

**IMPORTANT NOTE TO DOCTOR/MEDICAL FACILITY:**

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur this person's abilities/limitations may be reviewed by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) in the implementations of an effective equestrian program.

Name/Title: \_\_\_\_\_ MD DO PA NP RN Other \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ ST: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_